

GAUTAM BUDDHA CHIKITSA MAHAVIDYALAYA, JHAJRA, DEHRADUN

Day	Date	09:00 AM to 10:30 AM	10:30 AM to 12:00 Noon	12:00 Noon to 01:00 PM	01:00 PM to 02:30 PM	02:30 PM to 04:00 PM
Thursday	09/10/2025	FC-1.5 Orientation program for newly admitted students of 2024 -25 batch (address to students & parents by Hon'ble Project Director, Hon'ble VC, Principal & Vice Principal) - Welcome address - Vision & mission of the University (RBBSU) / & College (GBCM) - Inspiring talk, ... to the new MBBS graduates and their parents	FC-1.4 Rules and Regulations of the University and Hostels Facilitator: Dr Abhinav Manish	Lunch Break	FC-1.5 The Academic Ambience Overview of the Facilities available, Administrative structure, Support systems, & Processes of the Institution Orientation to the Institutional campus (College, Hospital, Hostel, playground etc.) & Visit to the various units of the Institute Facilitators: Dr Abhinav Manish, Dr Ashutosh Mishra, Dr. Saurabh & Dr Preeti Thakur	
Friday	10/10/2025	FC-4.8 Yoga & Meditation Facilitators: Dr Narendra Singh & Team Yoga, RBBSU	FC-1.6, FC-1.7 Overview of the MBBS curriculum, with structure & outcomes as per GMER Year-wise distribution of subjects and relation to future academics. Various career pathways and opportunities for personal growth. Facilitator: Dr Ruchit Kherra	Lunch Break	FC-1.1, FC-1.2, FC-1.3 Role of IMG & societal impact (Sensitize and inspire students to the wider roles of physicians in society beyond patient-doctor interaction based on-diagnostic role, treating role, physician-patient interactive roles, societal role) Discussion on expectations of students from the Institution, peers, colleagues, Patients, society, and from the nation; & vice-versa Interactive session – divide students into groups for feedback in writing on the different roles. Facilitators: Dr. Subodh Bhargava, Dr Pratibha Pandey & Dr. Saurabh	
Saturday	11/10/2025	FC-1.10 History of Medicine & Alternate Systems of Medicine AYUSH in India Facilitator: Dr Prashant Bhatnagar	FC-1.8 Principles of Family Practice Facilitator: Dr Abhishek Gupta	Lunch Break	Sports: Facilitators: Dr Jai Raj Hanspal, Dr. Suchit Kumar, Dr. Harsimran	
Monday	13/10/2025	FC-4.8 Yoga & Meditation Facilitators: Dr Narendra Singh & Team Yoga, RBBSU	FC-1.8 Role of physician at various levels of healthcare delivery Principles of primary care (general and community-based care) Facilitator: Dr Jai Raj Hanspal	Lunch Break	FC-3.1, FC-3.2, FC-3.3, FC-3.4, FC-3.5 National Health Goals and Policies National health scenario, demographics, socio-cultural and epidemiologic issues Understanding of the health-care systems in India with reference to primary, secondary, and tertiary-level care Basic principles of community health and its impact on health and disease Understanding of the structure and function of the community health center Facilitators: Dr Harsimran & Dr Pragya	
Tuesday	14/10/2025	FC-4.1, FC-4.2 Interpersonal relationships: Understanding the concept of Professionalism and ethics among healthcare workers Discussion on the consequences of unprofessional and unethical behavior Understanding and respect for cultural diversities and interacting with those with different cultural values. Facilitator: Dr Abhinav Manish	FC-4.3, FC-4.4, FC-4.10 Interpersonal relationships: Discussion on value, honesty, and respect during interaction with peers, seniors, faculty, and other healthcare workers and patients Significance of working in a healthcare team Importance of interpersonal relationship while working in a healthcare team Facilitator: Dr Anil Mehta (Principal)	Lunch Break	FC-3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases Facilitator: Dr Ashwarya, Community Medicine	FC-3.5 Visit to the PHC / Community Health Center Facilitators: Dr. Aditya & Dr. Ashutosh
Wednesday	15/10/2025	FC-2.8 Immune system requirements of health care professionals Facilitator: Dr BP Kalra	FC-4.2 Interpersonal relationships: Understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that define the nature of a physicians work Facilitator: Dr Vivek V Bharosay	Lunch Break	FC-2.3, FC-2.4, FC-2.5, FC-2.6, FC-2.7 Batch A Follow bio-safety and universal precautions; Appropriate response to needle-stick injuries Handling and safe disposal of biohazardous materials in a simulated environment; Biomedical waste segregation Proper hand washing and use of personal protective equipment Facilitators: Dr Swapna Pal, Dr Seema, Dr Priyanka & Dr. Deepthi	
				Lunch Break	FC-3.4, FC-3.5 Batch B Demonstrate basic computer skills & ability to access online resources; Use of Information Technology and Artificial Intelligence Facilitators: Dr Abhishek Gupta (Path) & Mr Rohit Kumar (Incharge Library computer section)	

Dr. Gaurav Principal & Dean
Dehradun

Thursday	16/10/2025	FC-4.8 Yoga & Meditation Facilitators: Dr Narendra Singh & Team Yoga, RBBSU	FC-5.1 Ability to communicate with patients and families Awareness of barriers to communication and appropriate ways to respond Clinico-laboratory communication Facilitator: Dr Roopa Hanspal (Vice Principal)	FC-2.1 Batch C Perform basic /cardiopulmonary/emergency life support Facilitators: Dr (Brig) VP Singh, Dr Sanjiv Dandona, Dr Astha & Dr Rakesh FC-2.3 Batch B Follow bio-safety and universal precautions; Appropriate response to needle-stick injuries Handling and safe disposal of biohazardous materials in a simulated environment. Biomedical waste segregation, Proper hand washing and use of personal protective equipment Facilitators: Dr Swapna Pal, Dr Seema, Dr Priyanka & Dr Deepali FC-5.4 FC-5.5 Batch C Demonstrate basic computer skills & ability to access online resources; Use of Information Technology and Artificial Intelligence Facilitators: Dr Abhishek Gupta (Path) & Mr Rohit Kumar FC-2.1 Batch A Perform basic /cardiopulmonary/emergency life support Facilitators: Dr (Brig) VP Singh, Dr Sanjiv Dandona, Dr Astha & Dr Rakesh FC-2.3 Batch C Follow bio-safety and universal precautions; Appropriate response to needle-stick injuries Handling and safe disposal of biohazardous materials in a simulated environment. Biomedical waste segregation, Proper hand washing and use of personal protective equipment Facilitators: Dr Swapna Pal, Dr Seema, Dr Priyanka & Dr Deepali FC-5.4 FC-5.5 Batch A Demonstrate basic computer skills & ability to access online resources; Use of Information Technology and Artificial Intelligence Facilitators: Dr Abhishek Gupta (Path) & Mr Rohit Kumar FC-2.1 Batch B Perform basic /cardiopulmonary/emergency life support Facilitators: Dr (Brig) VP Singh, Dr Sanjiv Dandona, Dr Astha & Dr Rakesh
Friday	17/10/2025	FC-4.13, FC-2 The Learning Pedagogy and its role in Learning Skills & The significance of logbooks and portfolios in medical education Facilitator: Dr Vinita Kalra	FC-4.7 Mental Health Significance and fallout of risk-taking behavior Significance and methods of stress management Facilitator: Dr. Sankalp Dixit	Lunch Break
Saturday	18/10/2025	FC-4.8 Yoga & Meditation Facilitators: Dr Narendra Singh & Team Yoga, RBBSU	FC-2.9 Awareness of the significance of documentation in patient care Proper method of documentation & medical records Facilitator: Dr Anubha, Quality Cell	Lunch Break
Monday	27/10/2025	FC-4.9 Significance and appropriate ways of time management Facilitator: Dr Anuradha Bharosey	FC-4.11 Role of Mentoring & Allocation of students to Mentors and Initiation to Mentor-Mentee Logbook Facilitator: Dr Abhishek Gupta & Dr Vinita Kalra	FC-4.14, FC-4.15 Understanding different methods of self-directed learning and collaborative learning Facilitators: Dr. Suchit Kumar, Dr Manish Tardeja, Dr Neha Nautiyal
Tuesday	28/10/2025	FC-4.8 Yoga & Meditation Facilitators: Dr Narendra Singh & Team Yoga, RBBSU	FC-5.2, FC-5.3 Language (Local/English) Ability to communicate and learn in English & use of local language in patient and peer interactions Facilitator: Dr Neha Nautiyal	FC-2.2 Perform First Aid in a simulated environment (Surgical aspects) Facilitators: Dr Manish Tardeja, Dr Abhinav Puri & Dr Mahim Khan
Wednesday	29/10/2025	FC-1 White Coat Ceremony HODs First Prof.	FC-4.12, FC-4.15 Group Dynamics: Understanding the process, and group learning. Why is Group Dynamics important Facilitators: Dr. Mamta Gupta, Dr Gunjan Singhal & Dr Neha Nautiyal	Lunch Break


 (Dr. Ashu Kumar Menta)
 Principal & Dean
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